

Over 600 foreign domestic workers get free health check-ups

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SINGAPORE : To celebrate International Women's Day - which officially falls on March 8 - and in recognition of foreign domestic workers, UNIFEM Singapore, Mount Elizabeth Hospital and a renowned surgeon on Sunday gave free medical check-ups to the workers. More than 600 women elected to spend part of their day off at the free health screening.

The foreign domestic workers attended talks on gynaecological health and skin care. They also met with health professionals, had their health statistics rated, and learnt about health care, such as checking for signs of breast cancer.

Dr Susan Lim, Chairman, Susan Lim Surgery, said, "They look after our children, they look after our parents, they look after us, they plan our diet, our meals. They are part of our household, and they are our friends. And at the end of the day, it's about recognising their contributions to Singapore." - CNA/ms